

N.7 ' Five days' Tour*

Let's KNOW and LOVE NAPLES and its surroundings with four senses

Street food Tour

Napoli at a Glance

Villas and ' idleness' between Naples and Vesuvius

From Sorrento to the Golden Ribbon

Holy sites in Campania

The Three Graces of the Gulf of Naples

* Tours are independent and separable and can be modified by replacing some day trips (6 hours) * Day trips are also available separately.



DAY 4: The golden lemons against the blue of the sea

After breakfast transfer to Sorrento by accessible c4y minivan. The morning is dedicated to a visit to Museo Correla and the orange and lemon orchard ‘agruminato’. Lunch with typical local delicacies next to the Villa Comunale. In the afternoon we walk through the alleys of the city with their flowered balconies, the stunning views, outdoor dining, and souvenir shops. Walking through its streets, you can hear the sound of mandolins and the smell of the sweet scent of fresh lemons, from which we get the famous limoncello. We can sample a tasty cake (delizia al limone) accompanied by a glass of the famous local liqueur made with fresh lemons from the groves of Sorrento! Back to the hotel in the late afternoon.

DAY 5: The wonders of Archaeology

Meeting with participants at a prearranged time and place, then a visit to the extraordinary National Archaeological Museum of Naples, a real treasure chest, built according to the exacting orders of King Charles, son of Ferdinand II. Whether you’re a collector, a student or a superficial visitor, you will be unable to fight off the fascination that this collection exerts. The cultural heritage on display stretches from the pre-historic to the Greco-Roman: an unquantifiably magnificent hoard that over the centuries has trickled out of the cities of the Vesuvian area, not least the frescoes and mosaics recovered from Pompeii, which are now installed in the museum. The Farnese Collection, with its breathtaking statues, is not to be missed. This endlessly impressive heritage has been further enhanced by treasures unearthed in the continued expansion of Naples’ underground network, from the city-under-the-city that just keeps giving. From here, we continue to the airport, where the tour is concluded.



The Isle of Capri



The Isle of Ischia



FROM SORRENTO TO THE GOLDEN RIBBON

Four days to visit Naples and its surrounding area, enjoying its history, its cuisine and its beauties.

5 days and 4 nights.

DAY 1: Sorrento – between everyday life and ancient tradition

Collection at the arrival terminal or at Piazza Municipio train station. Transfer by C4Y adapted minivan to hotel. Shortly afterwards the minivan departs for Sorrento. The tour begins with a visit to the Church of Saint Francis, which still contains elements dating from pagan times; continuing to the cloisters, which are used as an exhibition space; then to the adjoining gardens, filled with trees and colourful flowers. Another delight for the eyes is the nearby Villa Comunale, with its breathtaking view of the Bay of Naples and the coastline beyond. After this we stop for lunch in a typical restaurant. In the afternoon we take a guided tour of the fantastic orchards of Cataldo Gardens, famous for their wonderful lemons. Visitors can take a relaxing and healthy stroll through the lemon groves and have the chance to observe the production of Limoncello and other notable liqueurs, typical of the Sorrento area. Fruit preserves and artisan ice cream are also available to try. From here, the tour continues to Corso Italia, which is full of shops, and to the main square, with its imposing cathedral in the Romantic style, or to the Chiesa dei Santi Felici e Baccolo (also known as Church of the Rosary). Dating from the 12th Century, but restored in the 17th Century, it is notable for its polychromatic marble interior and for the craftsmanship of its ornamental ceiling. Following this, visitors are free to lose themselves in the winding lanes of Sorrento, an ideal way to try out typical products or to find interesting souvenirs. After a long day, back to the hotel, dinner, bed.

DAY 2: Capri for ever!

After breakfast in the hotel, transfer by adapted minivan to the port. Departure by hydrofoil for Capri, arriving at the island after a mere 20 minutes at sea. Disembarking from the ship, visitors can admire the port quarter of the Grande Marina, with its ship-related establishments and charming shops, enticing you in to snap up souvenirs. The famous Piazzetta of Capri is reached by funicular train. Once there, it is a must to drop by one of the many bars that line the square for a light refreshment. From there, we head down Via Vittorio Emanuele, an avenue filled with chic hotels and famous brands. Here we get a chance to taste Capri's best ice cream, courtesy of "Da Buonocore". On reaching the entrance of the Grand Hotel Quisisana, there is an opportunity to buy perfumes of Capri from the Chartusia factory, or to visit the antique monastery of San Giacomo. Back in the centre of town, we continue along Via Camerelle, a luxury shopping street that leads to the Tragara viewpoint, a platform from which the famous Faraglioni rock structures can be seen and admired. Lunch break in a typical restaurant. In the afternoon, visitors are transported to the high part of the island, known as Anacapri. The little town has a lovely historic centre, with coffee bars and shops in abundance. In Anacapri we visit the church of San Michele, where Paradise on Earth is depicted in the 18th Century floor tiling. Transfer by adapted minivan to the port, departure for Sorrento, return to the hotel, dinner, bed.



DAY 3: Sun, Sea, Love

Breakfast in the hotel, transfer by adapted minivan to Meta di Sorrento, where the majority of the day is spent, simply, relaxing at the beach. Lunch is enjoyed nearby, then, in the afternoon, we tour the picturesque towns of Meta and Vico Equense. After this, we return to the hotel for dinner and bed.



DAY 4: The Golden Ribbon

Breakfast in the hotel. Departure by adapted minivan towards Massa Lubrense, heading along the Sorrento Coast, which ranks alongside the nearby Amalfi Coast as one of the most famous in the world, and is known as the holiday resort of Ancient Roman V.I.P.s. We stop to visit the famous Villa Angelina, which dominates the promontory of Capo di Massa, which, as the very farthest extremity of the Sorrento Peninsula, protrudes into the sea like the hull of a great ship. The entire zone was acquired by Achille Lauro, seduced by the splendid interplay of landscape and seascape. From the terrace of the villa, the sweeping view takes in the Bay of Naples, Mount Faito, Ischia, Miseno, Capri, with the dark façade of Vesuvius looming over the blue sea. The entire site is organized as an agricultural enterprise. The principal cultivation is of olive groves, lemon groves and vineyards. After this visit, we head down to the Karama retreat for lunch. It's a mere stone's throw from the sea, so in the afternoon, weather permitting, guests can take a dip at Pollio Beach. Here we conclude the tour and turn back for the adapted minivan, which is waiting to return us to the hotel for dinner and bed.

DAY 5: Bye, Bye Naples!

Breakfast in the hotel. Transfer by adapted minivan for one last look at Sorrento's panorama, so that guests can return home with visions of Vesuvius and the Bay of Naples still fresh in the mind.





HOLY SITES IN CAMPANIA

DAY 1: The Blood of San Gennaro

Collection at the arrival terminal or Piazza Municipio train station. Transfer by C4Y adapted minivan to hotel. From there the minivan then departs for the Duomo of Naples. This stop takes us straight into a voyage of discovery of legends and unusual rituals, related to the patron saint of the city. First we encounter the miracle of this saint, followed by the extraordinary works of art dedicated to him and created over the course of centuries by the most noted artists of the city. One of the most suggestive celebrations that take place in Naples is namely that in honour of San Gennaro, which, every year, pulls in thousands of the faithful, eager to witness the miracle of liquification. Legend has it that, shortly before his death, the saint is said to have given a pious woman a glass veil, intended for the collection of his blood, flowing from his neck in the moments following decapitation. The miracle is carried out three times a year but is popularly observed on the 19th of September and its result is generally considered an omen, good or bad, for the city and its inhabitants. After this, we stop for lunch in the port area. Other essential visits are to the magnificent churches of Jesus, Saint Claire and saint Domenic. After this, we return to the hotel for dinner and bed.



Four days from Naples to the Apennine mountains to visit the most beautiful sanctuaries in Campania where you can find various forms of religious spirituality and history of the saints, and enjoy the cuisine and natural beauty of the region. 5 days and 4 nights.



DAY 2: An indispensable prayer

Breakfast in the hotel, then departure in the C4Y adapted minivan. Most visitors to Pompei dedicate many hours to visit the Roman ruins, however on entering the sanctuary one is pervaded by an indescribable sensation of peace, much like that of the gentle face of the Holy Virgin of the Rosario. Situated in the centre of Pompei, it is very well preserved and very particular indeed. Churches abound, but few basilicas have the power leave the visitor open mouthed such as this one does. Extremely rich in detail and full of history. It is a special place where life meets religion. The Sanctuary of the Madonna of Pompei attracts the faithful from around the world and simply has to be visited at least once in a lifetime. From there, a pause for lunch nearby. In the afternoon we visit the fascinating churches of the Vesuvian area, which contain within signs of the eruptions of Vesuvius over the centuries. The tour is then concluded. Return to the hotel, dinner, bed.



DAY 3: The Mothers' Saint

Breakfast in the hotel, meeting with the guide and departure in the C4Y adapted minivan for the Sanctuary of Saint Gerard. It is situated in Maiella a Caposela in Irpinia, in the mountain area of the province of Avellino, a short drive from Naples. Veneration of Saint Gerard is extremely common as he is regarded as the protector of expectant mothers. Extremely striking is the room of flowers, all of which were given in thanks for the successful arrival of a child. As such, it is a space that positively blooms with faith. The sanctuary should be visited in combination with its two adjoining attractions: the old church, dating from the 12th Century; and the convent of S.Alfonso de'Liguori which stands by its side and was erected in 1764. In the latter of these, the remains of Saint Gerard, who lived a mere 29 years, are held, in an annex with a museum filled with religious artefacts and objects connected to the life of the saint. A unique sense of intimacy is created, despite the majestic surroundings. Lunch is taken in Avellino. The afternoon is devoted to the natural oasis of Conza and the streams that flow in this area (Sele River). After this, return to hotel, dinner, bed.

DAY 4: In Padre Pio's footsteps

Breakfast in the hotel, meeting with guide and departure in the C4Y adapted minivan for Pietrelcina, in the Sannio region. In this small town outside Benevento one comes into contact with the mystique of the man and the extraordinary phenomena of the life of Padre Pio. This is where he was born and where he wanted to construct a church and convent for his Cappuccini Brothers, dedicated to the sacred family, as was indicated to him by angels in a vision when he was still very young. Everything in Pietrelcina speaks of this saint, and even today one can visit his old cell, along with other places closely connected to him. Particularly special is the choir of the old church where, on the 20th of September 1918, the young monk first received his spiritual calling. This tour is extremely suggestive and leaves a lasting impression on the spiritual and mental life of anyone who experiences it. Transfer to airport/station for departure.



NAPLES AND AROUND: THE THREE GRACES OF THE GULF OF NAPLES

DAY 1: Naples at sunset

Collection at the arrival terminal or at Piazza Municipio train station. Transfer by C4Y adapted minivan to the hotel. Shortly thereafter, departure by the same minivan for the Bay of Naples. This iconic coastline is often referred to in song, generally in connection with the sun, but it is by night that the Bay of Naples truly casts its spell, with its garland of twinkling city lights, and the reflection of the silver moon on the dark water, the shadowy outline of Vesuvius looming in the distance. It is, indeed, a truly majestic spectacle. As such, the tour begins in the late afternoon and continues into the evening, intended for the appreciation of the city by following a path from the city's ancient heart, to the open spaces of Piazza del Plebiscito, taking in Castel Nuovo along the way, where we can hear about the history of the Kings of Naples. Return to hotel, dinner, bed.



Le tre isole partenopee sono una meta irrinunciabile per qualsiasi turista in cerca di emozioni..diverse e simili nello stesso tempo..anche Paride non saprebbe a quale dare a mela.
5 days and 4 nights.



DAY 2: Ischia on the road!

After breakfast in the hotel, transfer by C4Y minivan to the port, in order to embark for Ischia and a day trip full of intense experiences. Thanks to our adapted minivan, we will traverse the entire island, from the Port at Ischia Town, all the way to the promontory of Sant'Angelo. This way we can see all that the island has to offer: well-equipped, sun-kissed beaches; numerous thermal springs; exotic gardens; historic sites, a whole host of artisan products and gastronomic treats;

aquatic sports centres...in Ischia there is something for everyone, whatever type of holiday you're looking for. This tour will just give you a first taste of all this. Lunch will be had on the island, before eventual return to Naples and the hotel.

DAY 3: Capri and Anacapri, sea and mountains

After breakfast in the hotel, transfer with the C4Y adapted minivan to the port, boarding and departure with the ferry for Capri. It was the destination of choice for Gods and emperors, home to, among others, Ulysses and Tiberius, whereas now it attracts the leading actors and directors of the movie business. The tour takes on Capri vertically, so to speak, beginning at the bottom with the beach and the marina, up and up, through splendid gardens, to the dramatic viewpoint at the top of the island, with an unprecedented 360° panorama and, of course, a great view of the faraglioni rock formations. Having said that, there's no reason to shirk the everyday human aspect of the island by visiting the Piazzetta. This little square attracts the whole world, is welcoming and always full of beautiful people, clean, ordered and surrounded by luxury shops and artisan workshops where the visitor can pick up souvenirs to take home, for example a piece of Capri sealed inside a bottle: the yellow-gold nectar known as Limoncello or hand-made perfumes. In the late afternoon we return to the hotel for dinner and bed.