# N.4 'Seven days' Tours\*

Sport and vacation: sailing in the Partenopean Gulfs

The Five Pearls of Campania Region

Historical-Cultural attractors of the 'Grand Tour' in Campania

The perfect Vacation: History, Beauty and Wellness between Naples and Ischia

\* Tours are indipendent and separable and can be modified by replacing some day trips (6 hours) \* Day trips are also available separately.







### SPORT AND VACATION: SAILING IN THE PARTENOPEAN GULFS

#### **DAY 1:** Where the hill overlooks the coast

Let's meet at the arrival terminal – transfer by accessible c4y minivan to hotel and then let's start the tour along the panoramic path going from Mergellina through the charming street Via Posillipo whose ancient Greek name, Pausilypon, tells the tale of a place where people go to "find relief from their griefs" and the Virgiliano park where you'll enjoy visits to sumptuous villas, today hosting universities and meetings, and to Roman ruins; then we will reach the promontory of Coroglio from where it is possible to see both the gulf of Naples and the gulfs of the Campi Flegrei: the gulf of Bagnoli and the Gulf of Pozzuoli with the view of the offshore islands.Back to hotel.

### DAY 2: Sailing in the gulf of pozzuoli

After breakfast transfer by accessible c4y minivan to Nisida for the First day of sailing course; instructors and volunteers will teach the basics of how to conduct a sailing boat in safety, comfort, and fun while taking pleasure while discovering the shoreline from the sea, starting from the beautiful beach of Coroglio, going to Capo Miseno and then admiring the spectacular small inlets, the bays and the seafaring hamlets. Lunch at a local restaurant. After lunch return to the hotel for a short rest; in the late afternoon you will leave for a walk along Via dei Mille; shopping time! You can buy antiques and designer clothes. Dinner and overnight at the hotel.

Learning a sport can be a good opportunity to visit the 'cult' places of the Terra Felix , admiring its beautiful bays from the earth and from the sea prospective. In the afternoon the visitor can dissolve the physical effort, taking part to more relaxing tourist routes that allow tourists to learn the yesterday and today history and Neapolitan culture and enjoy the view of the coast from a sailing boat while they learn this wonderful sport that is 'the sail'. This unique experience is the very core and great value of this itinerary. 7 days and 6 nights.

# **DAY 3:** The second sailing lesson + the contrasting nature of the campi flegrei

Breakfast in the hotel, meeting with the guide and let's go by minibus to Nisida for the second lesson of Sailing. At the end of the lesson, you will meet our tour guide and depart for the Campi Flegrei. The itinerary is designed to offer an enjoyable aesthetic experience of the contrasting nature of this area where on one side there is Bagnoli, after the Balneolum thermal spring, laying under the hill in a place of the warm climate and blooming, rich nature and thermal spa sources, and on the other side northwest there is the arid volcanic area of Naples, where you will visit the Solfatara Volcano, the most famous of at least twenty-four between volcanic craters and recognizable buildings. Here you can observe the sulphurous fumes, fumaroles and small explosions of boiling mud .Pranzo in a typical restaurant along the way. In the late afternoon return to the hotel, dinner and overnight.



# **DAY 4:** The third sailing course lesson + the underground galleries of naples

After breakfast transfer by accessible c4y minivan for the third day of sailing course at Molosiglio, small marina next to the harbor of the city in front of the sea coast and the headquarters of the most beautiful Neapolitan nautical clubs. Neapolitan pizza at lunch at a famous Neapolitan circle. In the afternoon you will visit the famous underground galleries of Naples, numerous 'art metropolitan stations'. The city Administration/local Government has transformed the unattractive stops of the Naples' underground into fascinating places where citizens and visitors can encounter contemporary art in a avant garde architectural setting while using the public transportation services. These unconventional museums, that we all pass through on a daily basis, cover the entire urban area, providing a unique added value and international fame (as witnessed by the recent adwarding of Toledo Station as the most beautiful metro station in Europe). Back to hotel.





**DAY 5:** The forth sailing lesson + the city of hercules

After breakfast transfer to Molosiglio by accessible c4y minivan for the third day of sailing course . After the class, lunch bag and departure with the guide in the direction of Herculaneum, named after Hercules – who is said to be the one who founded the town, resort of the wealthy Romans. The archaeological area offers an itinerary developed for visitors with impaired physical mobility, with the route passing on two sloping ramps covering three non-consecutive segments and arriving to the Cardo Terzo Inferiore. The Roman roads twist and turn among the Cardi and the Decumani, perpendicular areas whose sidewalks are now linked to the road by metal grid platforms. In the late afternoon back to hotel.





**DAY 6:** The fifth sailing course lesson+ the bastions: how naples defended itself

After breakfast transfer to Molosiglio by accessible c4y minivan for the third day of sailing course. After the class, lunch bag and let's go for the itinerary designed to give visitors an idea of how the history of Naples evolved and how its coastline has been transformed over the years to make room for the development of the city center. Naples' historical passion for maritime trade and seamanship is also made evident, remnants are explored which provide testimony to numerous hard-fought waterfront battles, in which Naples' legendary bastion fortifications not only defended the royal court and its noblemen, but also many local merchants. These bastions were extremely powerful, well-equipped, and able to blast an impressive amount of munitions throughout the entire gulf. In the afternoon the tourists will leave for a pleasant short walk through the city center with a stop at the ancient Basilica of St. Gennaro. Return to hotel, dinner and overnight



DAY 7: Consegna attestati

Breakfast at hotel and departure for the sixth lesson of sailing course at Molosiglio. At the end of the lesson, a small celebration and delivery of the certificates of attendance. Transfer to the departure terminal. End of services.



### THE FIVE PEARLS OF **CAMPANIA REGION**

#### DAY 1: Myths, Legends and Tales of the Historic Centre

The itinery begins at Piazza Dante. The tour takes place on foot in the late afternoon towards evening. It allows us to admire the city in another way by following a tract that leads into its historic heart. Its charm is enhanced by the half-light of dusk. The sidestreets of the historic centre are like a living museum, where masterpieces from every epoch, style and tradition jump out at the visitor, leaving one openmouthed and wide-eyed. Napoli, however, does not consist solely of history, but also of myth, legend and folk tradition. Alongside stories of real people who truly existed, practically every sidestreet evokes its own fantastic tales, fruit of the fertile imagination of the people themselves. The route leads to Piazza del Gesù, following the decumani, and will take in these various stories, rendered even more atmospheric as night begins to fall. From the extravagant personality of Raimondo de Sangro, Prince of Sansevero; to the statue and cult of the Nile; to the souls of purgatory and the origin of the red horns, the good luck charm par excellence of the Neapolitan people. The area is of course also filled with the more prosaic charms of souvenir stands, shops and services.



Get to know Campania region trhough its regional centers, five very different cities with a common connection to Art, History, Culture and natural beauty.

7 days and 6 nights.



DAY 2: Medieval salerno

Breakfast in the hotel, transfer by C4Y minivan to Salerno, where we will visit the lovely medieval centre of the city, dating from a time when Salerno was an independent principality. We start off at the port, which, while attractive for tourists, remains a living, working concern, giving a good idea of the vitality and growth of industry and agriculture in this region. Salerno has an attractive seafront, with exotic plants and a spectacular view, and we will take the time for a stroll along it. From here we delve into the centre itself, dominated by the towering Arechi Castle. The centre is clearly divided into two parts: the historic part, with its characteristic narrow, winding lanes; then the modern part, with its wide boulevards meeting at right-angles. The highpoint of the tour is likely to be a visit to the cathedral, a startling mix of Norman Gothic and later Baroque, and home to the remains of the city's patron, Saint Matthew. After a spot of shopping in the pedestrian area, visitors can dive into the maze of streets in the historic part. It will be possible to visit another church, namely that of saint Gregory, which is also home to the Virtual Museum of the famous Salerno Medical School. After a very full day, we return to the hotel, in Salerno, for dinner and bed

#### **DAY 3:** The attractions of the Salerno coast

Breakfast in the hotel, transfer by C4Y minivan along the coast south of Salerno. Less famous than its Amalfi counterpart, this coast is just as beautiful and contains an extraordinary diversity of points of interest: from the thermal springs of Contursi to the archaeological zones around Paestum and Agropoli. The itinery takes in a great deal of this, providing the visitor with tantalizing glance of what this region has to offer, and maybe even some inspiration for a future visit. After this, back to the hotel, dinner, bed.

### DAY 4: Caserta the 'Versailles of Italy'

After breakfast, departure by c4y minivan for Caserta, renowned throughout the world for its treasures and famous above all for its Royal Palace,. built in the 18th century by Luigi Vanvitelli and known as the 'Versailles of Italy'. The exterior of the Royal Palace is classically severe, while the interior is characterized by a striking variety of building work(Royal Stairway, chapel, library, theater); evocatively inserted in its own magnificent park, with splendid fountains and an English garden, it is also of great botanical interest. Caserta, together with the Royal Belvedere of San Leucio was designated a Unesco world heritage site and it's at the center of an economic territory that can stimulate the visitors' interest and curiosity. From an agricultural point of view there are famous vineyards and dairies but there is also an industrial tradition: take for example the ancient factories of silken tapestries of San Leucio and a lot of modern enterprises like the ones hosted in the Interporto of Marcianise, an important industrial center for gold jewelry, shoe making, textiles and so on. A break for lunch in the medieval town of Old Caserta to sayour the local specialities. In the afternoon you can admire the beautifully restored machinery and the wooden looms still used today, housed in the Belvedere mills. Return to hotel in the late afternoon

#### **DAY 5:** Benevento

Breakfast in the hotel, transfer by C4Y minivan to Benevento. Situated between the rivers Sabato and Calore and deep within the Apennine mountain range of Campania, Benevento is a genuine treasure trove of history, traditions and culture. Its rich past is evidenced by its many monuments which since Roman times have illustrated the greatness of the city. Of particular note are Benevento's own triumphal arch, not dissimilar to its more famous counterpart in Paris; the Longobard monument, dating from the time when Benevento was an important Longobard capital, before passing on, in the 19th Century, to the Papal States. The itinerary will guide the visitor through this extraordinary open-air museum, with a pleasant and lively atmosphere and rich cuisine to enjoy. Benevento is justly proud of its culinary charms and is indeed famous across Italy for its traditional products such as Strega liqueur, torrone nougat and local doc wines like Aglianico and Falanghina.







### DAY 6: Avellino, city of light

Breakfast in the hotel, transfer by C4Y adapted minivan for Avellino, capital of the Irpinia Region. Avellino is at the centre of a mountainous zone that, following years in the economic wilderness, is now going strong again thanks to its real wilderness, a rugged, forested terrain, rich in production of wines, liqueurs, chesnuts and much more. The city itself has a charming centre with medieval and Roman origins. After a long day, back to the hotel to relax.

## **DAY 7:** Napoli, capital of the kingdom of two sicilies

Breakfast in hotel, transfer with C4Y adapted minivan for a tour that takes in Napoli. Once, and for many centuries, capital of a Kingdom that dominated the Mediterranean, it remains de facto, capital of Southern Italy and is more than worthy of the title. With a cultural and artistic heritage of virtually unparalleled richness, a strong and distinctive folk tradition, not to mention an incredible natural beauty, it counts as one of the most impressive cities that you can see anywhere. The tour is divided into a number of shortish walks that take in the best panoramic views available. Transfer to the airport/train station for departure. Thus concludes the tour.

### HISTORICAL-CULTURAL ATTRACTORS OF THE 'GRAND TOUR' IN CAMPANIA 2017

# **DAY 1:** The Farnese Collection and The treasures of Pompeii on display in Naples

Collection at the arrival terminal or at Piazza Municipio train station. Transfer by C4Y adapted minivan to the hotel. Shortly thereafter, departure by the same minivan for the an itinerary that connects in a unique way two areas of the city which are quite distant from one another, namely the historical centre and the hilltop area of Capodimonte. The two areas are the locations for the two most important museums of Naples, the Naples National Archaeological Museum and the Capodimonte National Museum . The two cultural landmarks are here ideally connected by the fil rouge of the famous Farnese Collection inherited by Charles's grandmother, Elizabeth, the last heir of the historic Farnese noble family. which both display, and there you will discover the extraordinary artistic and archaeological masterpieces the world envies us for. The extraordinary National Archeological Museum reveals itself to us as a real treasure chest, of the remains found in the Pompei and Herculaneum sites at the time of the first excavation and brought to the public's attention by king Ferdinand. Leaving the museum we will enjoy a short stroll and a coffee break in the historic Principe di Napoli Gallery next to Accademia delle belle arti. Transfer to the departure terminal. End of services. Back to hotel.



The MIBACT (Italian Ministry for Cultural Attractors) has identified over 11 historic-monumental sites as accessible for all. The tour is therefore dedicated to these sites, chosen for their cultural significance as well as for their ease of access, helping us to experience the heritage of the region to the full.

7 days and 6 nights.

# **DAY 2:** Caserta -The Palace and Gardens + Capua

Breakfast in the hotel, transfer by C4Y accessible minivan for the Reggia di Caserta. Built by King Charles II of Bourbon, who, struck by the beauty of Caserta's landscape, decided that it would be the ideal location for a Royal Palace to rival that of Versailles. To realize this he called upon Luigi Vanvitelli, architect, but also artist and poet. The palace comprises 1200 halls and rooms, with an atrium connected directly with the Palace Gardens, which, at 100 hectares, is one of the largest parks of its kind, not to mention one of the most beautiful in Europe on account of its rare and exotic plants, fountains and statues. In this historic complex, visitors are transported into the fantasia of another time, as well as the mysteries and intrigues that leave an indelible memory of sumptuousness and magnificence. Back in the C4Y minivan, we next head for Capua, for lunch in a bio-restaurant set in the archaeological area of the town. Thanks to a spacious viewing platform, we can enjoy the view of the amphitheatre. After lunch we can take a closer look at the theatre and the adjoining Gladiators Museum Taken together, these attractions present to us the Roman world of spectacle and combat. Walking through the reconstructed corridors in the very bowels of the amphitheatre, the visitor gains a strong feeling of what it must have been like for the gladiators who fought here. No less fascinating are the examples of armour on display, thanks to which we can understand just how many types of combat were enjoyed. Back to the hotel for a hard-fought dinner and night's sleep.



DAY 3: Ercolano – Gli scavi Archeologici Torre Annunziata – Villa di Poppea

Breakfast in hotel, meeting with guide and departure by C4Y minivan for a visit to Herculaneum. This town was covered by lava from the eruption of 79AD and for this reason its buildings are better preserved than those of Pompeii, often with the upper floors still intact, along with still-recognisable signs of everyday life, such as food, clothing, wood, mosaics and papyrus - a distinctive snapshot of the hustle and bustle of a once-popular holiday resort . The inhabitants remains were found in the caves along the marina, to which they had fled only to be drowned in mudslides. In short, the Ercolano site has an emotional impact that stays with you. Following this, a brief stop for lunch nearby. In the afternoon the tour continues to the Villa di Poppea, a magnificent residential construction from the middle of the 1st Century AD. Attributed to Poppea Sabina, Emperor Nero's second wife, but in any case the property of the royal family, it was under reconstruction when the eruption occurred..



### DAY 4: Boscoreale – Antiquarium Nazionale Pompei - Gli scavi Archeologici

Breakfast in hotel, transfer by C4Y accessible minivan to Boscoreale, where we will visit the Antiquarium Nazionale: "Man and environment in the Vesuvian territory", situated in the confines of the Villa Regina archaeological zone. Numerous remains of every possible type are on display, often exceptionally well-preserved, having been covered by ash or lava up until their eventual unearthing during the excavations of Pompeii and surrounding villas in the 19th and 20th Centuries. Thanks to these remains, and to reconstructions of villas both in plastic and 3D, we can immerse ourselves in the daily life of a Vesuvian Farmhouse, in the time of the Romans, seeing with our own eyes and practically able to taste, the food they ate, the wine they drank, and how it was produced. Time for an enogastronomic lunch on the slopes of Vesuvius. In the afternoon we visit the site of Pompeii, an incredible testimony to Roman life, which gradually emerged in recent centuries from the darkness into which it had been plunged back in 79AD. Places worth a visit are numerous: The Faun's House; the Centurian's House; the Villa of Mysteries; the amphitheater; the Forum and so on. Time seems to stand still, with the material from the eruption having preserved entire, agonized, human outlines, houses, shops. All of this makes Pompeii a unique and unforgettable experience. Return to hotel in the late afternoon.



DAY 5: Avellino-Archivio di Stato

Breakfast in hotel, transfer by C4Y accessible minivan to Avellino, main urban centre of the green Irpinia Region. It is renowned for its lakes, rivers, waterfalls and forests, but in addition to this natural treasure-trove, the area i salso rich in cultural and historical heritage, stretching from the Etruscans to the Longobards. For this reason, our trip to Avellino will focus on the State Archives. Created in 1818 to house the collection of the Kingdom of Two Sicilies, it is housed in the former Bourbon Prison and contains over 65000 entries. Particularly revealing are the manuscripts concerning suppressed religious entities (1423-1882) and a miscellany of manuscripts (1454-1757) constituting ecclesiastical and privileged texts dating from the Aragonese period and the period of the Spanish Viceroy. One of the most comprehensive funds is that of the notary archive from 1494 – 1899, a source of great interest for the study of social phenomena. With the help of state archivists, we can examine guides, lists, inventories, repertories, summaries, analyses, indices, transcriptions – in short, an inexhaustible range of data of every type. Lunch options too, are abundant, and we can choose a restaurant to enjoy traditional fare, washed down with one of the region's famous wines, such as Taurasi, Greco di Tufo or Fiano. In the afternoon, the minivan will bring us into the centre of Avellino where we can stop to admire this charming town. Back to the hotel in the late afternoon: free time; dinner; bed.

### DAY 6: Salerno – Archivio di Stato.Museo e Parco Archeologico di Paestum

Breakfast in hotel, transfer by C4Y accessible minivan to Salerno, where, after a brief tour of the City, we will visit the State Archives. Created in 1934 and housed in what for centuries was the House of Justice, inside you can still see the cell where detainees were kept while awaiting the Judge's verdict. On the ground floor, thanks to restoration work completed in 2009, the Cappella of San Ludovico is open to the public. It is so called because it refigures the Franciscan Saint and son of Charles II of Angiou. All of the frescoes on display can be dated to the 13th Century. The archive itself conserves documents from the state magistrates of various periods (The Kingdom of Naples, the Kingdom of Two Sicilies, the Kingdom of Italy and, finally, the Italian Republic). Around one hundred thousand paper documents and over a thousand manuscripts bring the collection to over 24000 volumes. The institute also houses a part of the archive of the Salerno Medical School, which ranges from the 15th Century to the start of the 19th. These are of heterogenous origin and type, and can be separated into notary protocols and volumes of notarizations and local authority archives. In the afternoon we continue to Paestum, the ancient Posidonia. The city was dedicated to Poseidon, as well as to Era and Athena. This visit takes us into Magna Grecia, to admire antique temples, the Necropolis and that which remains of homes and shops. The adjoining museum will help us to reconstruct the missing pieces of the puzzle. It documents the evolution and transformation of the city, from the founding of the Greek colony to the development of the Latin colony, illustrating the changes in social and public organization, religious rites and aspects of daily life, art and craftsmanship.

### DAY 7: Naples at a glance

#### THE PERFECT VACATION:

### HISTORY, BEAUTY E WELLNESS BETWEEN NAPLES AND ISCHIA

### **DAY 1:** Welcome to Naples!

Meeting at the arrival terminal in Naples with our tour guide. Transfer to hotel by minibus C4Y to admire Naples and the splendor of its sea and its landscape: a spectacle that has no equal in the world sung by poets and musicians! The route goes from the harbor area where there are two of the main bastion castles of Naples, Castel Nuovo and Castel dell'Ovo and continues along the waterfront Parthenope, which, freed from car traffic, was returned to the city and to visitors as one of the the most beautiful walks in the world. Return to hotel, dinner and overnight





7 days and 6 nights.

### DAY 2: The panoramic Vomero hill by old funicular railway or Modern Art Metro

Breakfast in the hotel, meeting with the guide. This stage of the tour is centred around the highest part of Vomero, San Martino, named after the Chartreuse that overlooks the roofs and the domes of the city, with the Vesuvius as a background, and a view of the sea, 249 meters underneath. Vomero hills is reacheable both by Metro trains and by one of the four oldest funicular railways lines to simply seeing from Villa Floridiana one of the best views of the city of Naples. Lunch in a typical Neapolitan restaurant. In the afternoon you can admire the anonymous metro stations tarnsformed into unespected museums thank to the actions of celebrated architects and famous contemporary artists which accompany the visitors delineating the path from the above ground exteriors of the stations down to the depths of the city centert. Several meters underneath the surface of modern Naples we are amazed to find riuns left behind by ancient civilizations juxtaposed with avantgarde works of art by contemporary artists; This model of 'station/museum' underlines the unique duality that Naples offers of past and present thrown together in a functional way all over the city. At the railway Museum station you will go up to the surface for the visit to the National Archaeological Museum immense patrimony. The archaeological findings on display date from prehistory to Middle Ages, with the statues from the Farnese Collection being the core of this wonderful heritage.In the late afternoon return to the hotel.

# **DAY 3:** Going uphill green Capodimonte from the historical center

Breakfast in the hotel, meeting with the guide and let's go by by c4y minivan for the visit of Piazza del Gesu doing a "stroll" along the narrow streets of the old town and along the oldest streets of Naples: I Decumani. Visits to the most famous monasteries, churches and the cathedral of the old town in the homonymous street and we'll go along the intricate central network of ancient shady alleyways up to san Gregorio Armeno where craftmen sell figurines of the nativity shepherds. Lunch "Neapolitan" at a typical restaurant in the area. In the afternoon, while going uphill from the historical centre, you feel like gradually leaving the city to end up in a green area, which is the Capodimonte park and wood, where the houses of the members of the royal court. This visit revolves around the green park surrounding the Palace and the majestic rooms of the National Museum, rich in architecture and art treasures, including part of the Farnese Collection: the former Royal Palace which is now the museum was ordered by King Charles VII of Naples and Sicily especially to house this collection.. Return to the hotel.







**DAY 4:** The treasures of Naples

After breakfast meeting with the guide and transfer by minivan to Municipio square where now, after a recent archeological dig, you can admire the remains of the ancient roman harbour. Visit at Maschio Angioino a.k.a Castel nuovo, one of the most important bastioned castles of the city, still standing proud above the docks overlooking the gulf of Naples. Meal time 'alla napoletana- In the afternoon a short visit at the Royal Palace in the wide p.zza Plebscito. then let's cross the square and go for a nice stroll along via Toledo and its noble palaces and for an evening shopping. Back to hotel.



DAY 5: Ischia the green island at a glance

After breakfast, meeting with the guide and transfer by our minivan aboard the ferry to Ischia. Thi iland has offered the ideal mix between culture and nature for thousands of years and it attracts thousands of tourists each year due to its breathtaking landscapes, smells, colors and incomparable flavors. In addition to the landscape and bathing attractions, what really makes Ischia a must are its world-class resorts and spas, famous for the quality of their thermal waters their surrounding nature and for their views overlooking the Mediterranean. The route will lead you on an exploration of this magnificent island which, due to its extraordinary verdant landscape is nicknamed "Isola Verde". After the accommodation in the reserved rooms a relaxing afternoon in the swimming pools of the hotel's spa. Free evening, or (optional) to Casamicciola and Lacco Ameno where we will visit churches and we will do shopping. Return to hotel.



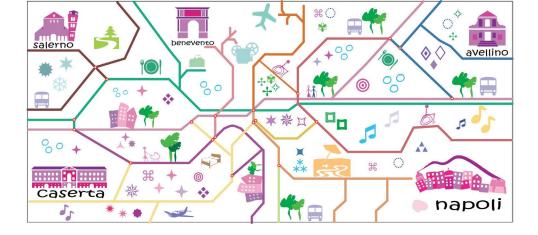
**DAY 6:** Benessere termale

After breakfast we leave from Ischia Porto towards one of the C4Y selected spas at Lacco Ameno, Forio and Sant'Angelo.Ischia is a unique destination both for its landascapes and sea attractions, and for its thermal spas, famous for their therapeutic waters and for the natural sceneries that serve as their backdrop. Today Ischia is the capital of Thermalism in Europe for its numerous world-class spas, over three hundred, and the variety of healthy waters they contain, useful for a vast amount of healing needs, where all can enjoy pleasures of the body and mind, with benefits for fitness and beauty. Lunch time. In the afternoon walking for a visit to the quaint interior villages and during summertime you will be able to enjoy a fun and healthy swim in the sea at one of the numerous accessibile bathing areas in the beach towns like Sant'Angelo, the charming village end of the island. Return to hotel, dinner and overnight.

### **DAY 7:** The Aragonese Castle

After breakfast and departure for a morning at the Port and the small island where a Bridge connects the largest island on which stands the Aragonese Castle, an ancient fortress, whose foundation date back to the Greek. Transfer to the departure terminal. End of services.

#### THINGS TO KNOW



### Single room supplement on request.

Prices may vary during some periods such as Easter, Carnival, Whitsum, Bridges, Christmas, New Year and special events such as fairs or exhibitions. Any tour may be modified for technical and operational reasons that do not depend on the tour operator.

Price includes: accommodation in a 3\* superior / 4\* hotel in a double / twin room - treatment as scheduled - excursions as per itinerary – professional tourism guide - free entrance tickets in public museum sites, for the disabled and their carers.

Price does not include: tips and extras, personal escort, additional services, special equipment, city stay tax to be paid on site, optional cancellation insurance and anything not mentioned in « price includes ».

Entrance tickets if not free for the disabled and their carers in the cultural sites.

On request we offer extraservices, separately, such as: transportation from- to the hotel, airport, train station, port. We provide train, flight, bus tickets and tickets for maritime transportation (ferries, ships and short cruises) as well. Possibility to reserve 'Additional Services' which can be visited at the following link: http://tour.cosyforyou.org/ servizi. Possibility to book hotel rooms for groups on request: bed and breakfast - farmhouse – holiday village - villas.

The sports tour and the related courses have to be booked 15 days in advance.

For each tour, you can book a' sea extension stay', i.e. a stay of two or more days in a sea side resort.

On request a variety of entertainment activities: around the city, at city by night, evenings in cafes, theater, dinners as guests in a private home as restaurant, holistic sessions of yoga, stretching, pilates etc., « musical evenings « to dance and learn some of the typical Neapolitan songs or listen to music (jazz, rock, classical, opera, crooner, pop and anything the city offers during the night, card game, such as tombola (the Neapolitan version of bingo in English)!

Possibility to costumize the holiday and all tours in the catalog by extending the stay from one to more days. Group tours take place with a minimum of 8 participants. On request prices for a smaller number of participants.























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